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| ***Stress Table*** |  |
| Death of a spouse | 100 |
| Divorce | 73 |
| Death of an immediate family member | 63 |
| Personal injury | 53 |
| Personal illness | 53 |
| Marriage | 50 |
| Fired from job | 47 |
| Retirement | 45 |
| Change in health of immediate family member | 44 |
| Death of a close friend | 37 |
| Change in work | 29 |
| Children leave home | 29 |
| Outstanding achievement | 28 |
| Trouble with boss | 23 |
| Vacation | 13 |
| Christmas | 12 |
| Minor law violations | 11 |